



2022 PSYCHOLOGY DISTINGUISHED LECTURER SERIES

DR. DAVID FORBES

Thursday, May 19, 2022
1:00pm • Kinesiology 101

Current and future directions in facilitating recovery following psychological trauma

This presentation will address the emerging research directions in key areas of trauma related mental health across a broad range of trauma exposed populations. This includes assessment of a range of transdiagnostic features such as moral injury and problematic anger and the identification of risk and protective factors influencing longitudinal trajectories of mental health highlighting relevance for intervention. The presentation also focuses on emerging research in interventions, from prevention and early intervention through to innovations in treatment and models of care.

ABOUT DR. DAVID FORBES

DR. DAVID FORBES is the Director of Phoenix Australia, and Professor in the Department of Psychiatry, the University of Melbourne. David is a clinical psychologist with extensive experience in the assessment and treatment of mental health problems following trauma, and he has worked in both acute crisis and continuing care settings across the community mental health system. David is an international expert in post-traumatic stress disorder (PTSD), traumatic stress, military, emergency and disaster mental health and the relationship between trauma and problematic

anger with strong national and international links with other researchers and experts in the field. David has published over 200 peer-reviewed articles and book chapters, and sits on the editorial boards of leading international journals. He has a strong track record in leading initiatives to improve outcomes for people affected by trauma through the translation of research into effective policy and practice. David is a passionate advocate for the use of evidence-based responses following trauma in order to reduce the mental health effects on survivors, their families and communities.



CIMVHR
Canadian Institute for Military
and Veteran Health Research

ICRSMV
L'Institut canadien de recherche sur
la santé des militaires et des vétérans

Queen's
UNIVERSITY

DEPARTMENT OF
PSYCHOLOGY